

Intern Therapist

Job Description

About Us

Family Strategies is a licensed outpatient mental health agency based in Mesa, Arizona, with over twenty therapists and a wide range of specialties. Our therapists provide counseling for individuals, couples, and families either in-person or by zoom/telephone. We also provide group counseling and classes for specialized issues. Our support staff provides telephone, scheduling, billing, and other administrative tasks for the agency.

About this Role

Intern therapists are expected to be in their final year of study towards a master's degree in a related field. Interns may facilitate therapy sessions for the population of their expertise (individual, family, couples, adolescents). This can be expanded to include facilitation of group therapy depending upon specific area of expertise and approval of the supervisor. Interns who work within SABR report directly to the executive team. Intern therapists report directly to their supervisor.

Responsibilities and Duties

- Conduct individual, family or children's therapy sessions.
- Organize and facilitate group therapy sessions when determined appropriate.
- Ensure adherence to the mission statement.
- Assist in fostering compliance to all HIPAA laws and professional standards and ethics.
- Strict adherence to all AzBBHE regulations and statutes.
- Meet weekly with a supervisor and/or clinical director to determine goals and give feedback regarding outcomes and case management.
- Maintain strict confidentiality and abide by all HIPAA laws.
- Adhere to all policies and procedures within the Family Strategies Handbook.
- Adhere to all university protocols and standards required for their education.
- Secure and maintain liability insurance provided by the university.

Qualifications and Skills

- Enrolled in a master's degree in field of professional counseling, marriage and family therapy, or social work (licensure is not necessarily required). Interns should be completing their final year of study.
- Produce documents for personnel file:
 - Professional liability Insurance (this is provided by the university): Therapists and interns are required to provide a copy of their professional liability insurance with a minimum \$1,000,000 per incident and \$3,000,000 aggregate. Family Strategies Counseling Center must be listed as additionally insured within the policy.
 - Biography and a resume with references
 - Fingerprint clearance card

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- First aid/CPR certification
- University internship agreement contracts
- Maintain personal liability insurance current through the university.
- Ability to establish good rapport with clientele.
- Ability to establish rapport and teamwork with associates at Family Strategies.
- Challenge and encourage clients to complete their treatment.
- Ability to receive feedback and work as a team-player with associates.

Location and Commitments

- Part-time position based in-office or remotely (via zoom)
- Hours may fluctuate based on client load.
- Mandatory attendance of monthly agency inservice, group supervision (when working with children/families), and weekly supervision with director or other supervisor.

Salary and Benefits

- Internship Therapist positions are unpaid to avoid potential ethical issues or conflicts of interest for the agency with the university.